



# WHY NOT TAKE THE JUNIOR BRAEMAR HIGHLAND GAMES CHALLENGE

## **Mike Grant Memorial 2km Cross Country Run**

**SATURDAY 11<sup>th</sup>. July 2009:** The 'Mike Grant' Memorial 2km cross country race, will be run as part of the **Braemar Junior Highland Games**. 'Mike' was a successful local runner and keen sportsman, he was also a great believer in providing Sport for all no matter age, shape or ability, this race has been set with him in mind. Entries are welcome from all children who are 8 years old and over, and under 12 years of age on the day of the race. The route will run from the Games Park in Braemar to the Indicator at the foot of Morrone and back. A training workshop will take place at around 1500 hrs and will lead up to the start of the event at 1600 hrs.

Prizes for First, Second and Third Boy and for First, Second and Third Girl and First Local Braemar/Crathie/Ballater child.

SURNAME ..... DATE OF BIRTH .....

FIRST NAME .....

POSTAL ADDRESS .....

.....

.....

RUNNING CLUB .....

E-MAIL ADDRESS .....

*I declare that I am an amateur as defined under S.A.F. rules and will abide by those rules and that I will be 8 years of age or over and under 12 years of age on the day of the race.*

*I hereby agree that the organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the Race. I will not participate unless I am fit to run this cross-country race.*

**Signed (parent or guardian).....**

**Name .....**

**Address .....**

**Date .....**

Entries by post to ease administration – entries will be taken on the day.

Please complete this entry in block capitals and send it to:

Mrs. Sarah Hubbard, Braemar Youth Hostel 21 Glenshee Road, BRAEMAR, ABERDEENSHIRE, AB35 5YQ.  
TELEPHONE No. 013397 41385